

EXERCISE PHYSIOLOGY TIMETABLE

Nahla

Clodagh

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.00am – 7.45am	7.00am – 7.45am	7.00am – 7.45am	7.00am – 7.45am	7.00am – 7.45am	7.00am-7.45am
8.00am – 8.45am	8.00am – 8.45am	8.00am – 8.45am	8.00am – 08.45am	8.00am – 8.45am	8.00am – 8.45am
9.00am – 9.45am	9.00am – 9.45am	9.00am – 9.45am	9.00am – 09.45am	9.00am – 9.45am	9.00am – 9.45am
10.15am – 11.00am	10.15am – 11.00am	10.15am – 11.00am	10.15am – 11.00am	10.15am – 11.00am	10.15am – 11.00am
11.15am – 12 noon			11.15am – 12 noon	11.15am – 12.00 noon	11.15am – 12.00 noon
					12.15pm – 1pm
1.15pm – 2.00pm				1.15pm – 2.00pm	
2.15pm – 3.00pm	2.15pm – 3.00pm	2.15pm – 3.00pm	2.15pm – 3:00pm		
	3.15pm – 4.00pm	3.15pm – 4.00pm	3.15pm – 4.00pm	3.15pm – 4.00pm	
4.15pm – 5.00pm	4.15pm – 5.00pm	4.15pm – 5.00pm	4.15pm – 5.00pm	4.15pm – 5.00pm	
5.15pm – 6.00pm	5.15pm – 6.00pm	5.15pm – 6.00pm			
6.15pm – 7.00pm	6.15pm – 7.00pm	6.15pm – 7.00pm			